



## Warren Silberman's Top 10 Tips for MedXPress



1. Do a practice run in advance-applications expire after 30 days
  - a. Website: <https://medxpress.faa.gov/>
  - b. Help from FAA:
    - i. Phone: 1-877-287-6731
    - ii. Email: [9-NATL-AVS-IT-ServiceDesk@faa.gov](mailto:9-NATL-AVS-IT-ServiceDesk@faa.gov)
  - c. Help from AOPA: 800-872-2672
2. Your MedXPress login is unique; other FAA logins are meaningless
3. Record your email and password for next time
  - a. Email: \_\_\_\_\_
  - b. Password: \_\_\_\_\_
4. You don't have to share your SS#, it is completely optional
5. Save often (the save button is at the bottom of the form) since the form will timeout after 20 minutes of inactivity and unsaved data will be lost!
6. Pilot Time-You will need to know your...
  - a. Total Pilot time \_\_\_\_\_
  - b. Pilot time last 6 months \_\_\_\_\_
  - c. Date of last medical \_\_\_\_\_
7. Medications-You must report both prescription and non-prescription medications you take on a regular basis. Have the following info on hand for each medicine:
  - a. Medication Name (e.g. Lisinopril) \_\_\_\_\_
  - b. Dosage \_\_\_\_\_
  - c. Dosage Unit \_\_\_\_\_
  - d. Frequency \_\_\_\_\_
  - e. Previously reported? \_\_\_\_\_
8. You are going to have to answer a bunch of questions about your medical history- So if you have EVER in your life been diagnosed with, had, or do presently have a significant health issue be prepared to provide an explanation (unless previously reported).
9. Know your health professional visits within the last 3 years
  - a. Date \_\_\_\_\_
  - b. Name \_\_\_\_\_
  - c. Address \_\_\_\_\_
  - d. Type of Health Care Professional (e.g. Doctor) \_\_\_\_\_
  - e. Reason for visit \_\_\_\_\_
10. Keep Sport Pilot and the ability to fly with only a driver license as an option:
  - a. Print your MedXPress application
  - b. If you have concerns, ask your AME for an "office visit" (not a medical) to discuss them
  - c. Do not share your confirmation number with **anyone** until you are satisfied that you should go forward with your application (If the confirm number is not used your submission will be deleted in 60 days)
  - d. Go back in for your medical satisfied that you have resolved your issues