

FRDMM ONE ARRIVAL (RNAV) Transition Routes

WASHINGTON, DC

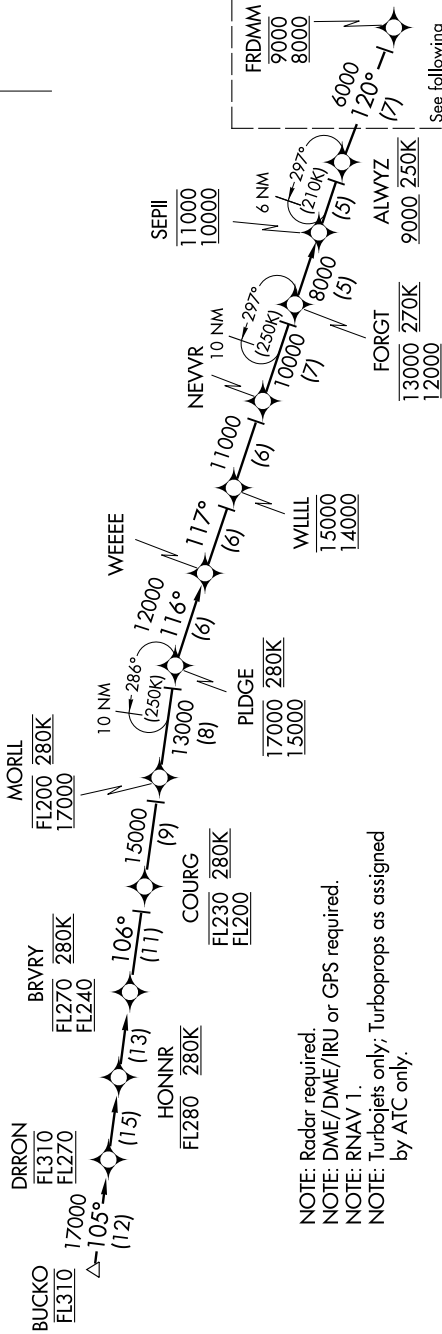
NE-3, 23 AUG 2012 to 20 SEP 2012

POTOMAC APP CON
 118.67 323.175
 RONALD REAGAN WASHINGTON
 NATIONAL ATIS 132.65
 JOINT BASE ANDREWS ATIS
 113.1 251.05
 DAVISON AAF ATIS
 128.175 230.0

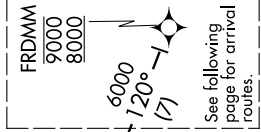
MORGANTOWN
 MGW



BUCKO TRANSITION (BUCKO.FRDM1)



NOTE: Radar required.
 NOTE: DME/DME/IRU or GPS required.
 NOTE: RNAV 1.
 NOTE: Turboprops only; Turboprops as assigned by ATC only.



See following page for arrival routes.

NOTE: Chart not to scale.

(Continued on next page)

NE-3, 23 AUG 2012 to 20 SEP 2012

FRDMM ONE ARRIVAL (RNAV) Arrival Routes

WASHINGTON, DC

NE-3, 23 AUG 2012 to 20 SEP 2012

POTOMAC APP CON
118.67 323.175
RONALD REAGAN WASHINGTON
NATIONAL ATIS 132.65
JOINT BASE ANDREWS ATIS
113.1 251.05
DAVISON AAF ATIS
128.175 230.0

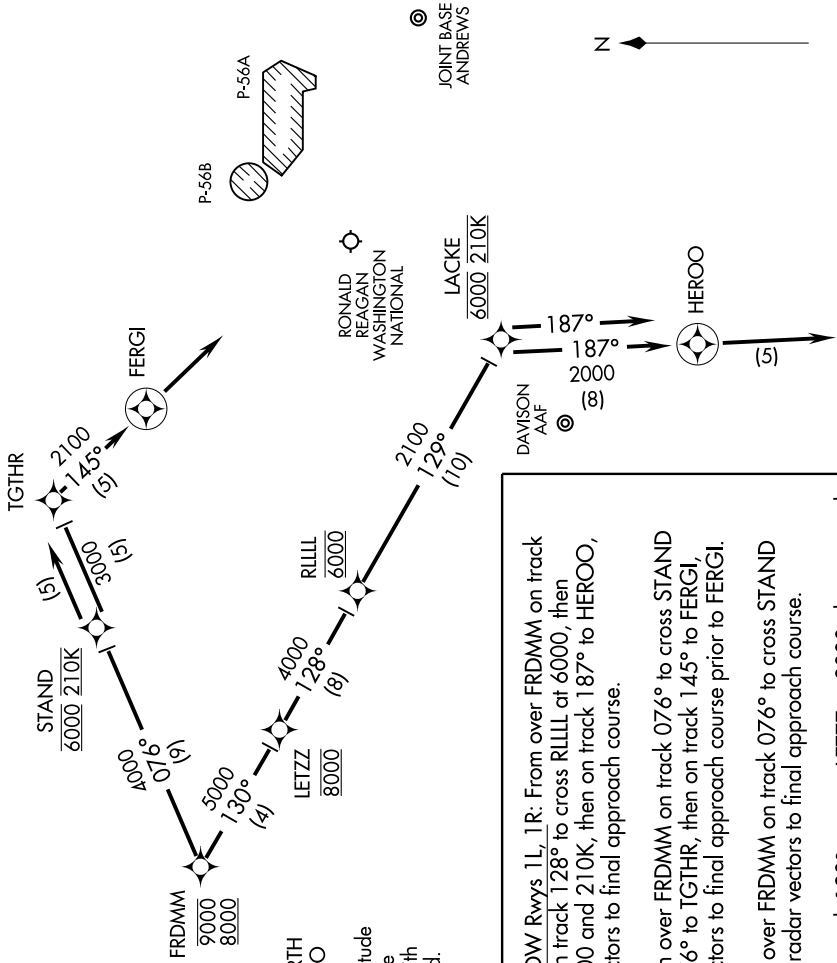
NOTE: PROHIBITED AREA (P-56) NORTH
OF DCA - AVOID- SURFACE TO
18000.
NOTE: Maintain last ATC assigned altitude
until cleared to "descend via the
FRDMM ONE," then comply with
altitude restrictions as published.

Landing DCA Rwys 1, 4, 33, and ADW Rwys 1L, 1R: From over FRDMM on track 130° to cross LETZZ at 8000, then on track 128° to cross RLLLL at 6000, then on track 129° to cross LACKE at 6000 and 210K, then on track 187° to HEROO, expect radar vectors to final approach course.

Landing DCA Rwys 15, 19, 22: From over FRDMM on track 076° to cross STAND at 6000 and 210K, then on track 076° to TGTHR, then on track 145° to FERGI, then on track 145°, expect radar vectors to final approach course prior to FERGI.

Landing ADW Rwys 19L, 19R: From over FRDMM on track 076° to cross STAND at 6000, then on track 076°, expect radar vectors to final approach course.

Landing DAA: From over FRDMM on track 130° to cross LETZZ at 8000, then on track 128° to cross RLLLL at 6000, then on track 129° to cross LACKE at 6000 and 210K, then on track 187°, expect radar vectors to final approach course prior to LACKE.



NOTE: Chart not to scale.

WASHINGTON, DC

NE-3, 23 AUG 2012 to 20 SEP 2012