

Check Yourself Before You Wreck Yourself: Tips for Making the Most of Your Recurrent Training (Flight Reviews and IPCs)

HANDOUT

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Resources:

- ASI Focused Flight Reviews
 - <https://elearning.aopa.org/client/app.html#/courses/100029>
- ASI Courses
 - <https://www.aopa.org/training-and-safety/online-learning/online-courses>
- Rusty Pilot Course
 - <https://aopa.org/training-and-safety/lapsed-pilots/rusty-pilots/rusty-pilots-online>
- AC 61-98D - Currency Requirements and Guidance for the Flight Review and Instrument Proficiency Check
 - https://www.faa.gov/documentLibrary/media/Advisory_Circular/AC_61-98D.pdf
- FAA Flight Review Prep Guide
 - https://www.faasafety.gov/gslac/ALC/course_content.aspx?cID=25&sID=101
- ASI IPC Kneeboard Checklist
 - <https://elearning.aopa.org/pub/documents/39404551-5e9a-4314-9db1-c9159563b6c2.pdf?v=2>
- FAA IPC Guidance
 - <https://www.faasafety.gov/files/gslac/library/documents/2007/Aug/19001/Instrument%20Proficiency%20Check%20Guidance%20Aug07.pdf>
- Newest ASI ACS – Night Falls on Final (related to instrument proficiency)
 - <https://www.youtube.com/watch?v=rItYoEwFZ3I>
- AOPA Instrument Proficiency Check Flight Record
 - <https://download.aopa.org/efirc/downloads/InstrumentProficiencyCheckFlightRecord.pdf>
- AC 61-98E Currency Requirements and Guidance for the Flight Review and Instrument Proficiency Check
 - https://www.faa.gov/documentLibrary/media/Advisory_Circular/AC_61-98E.pdf
- FAA: Conducting and Effective Flight Review
 - <https://www.faasafety.gov/files/gslac/library/documents/2006/Oct/6578/Conducting%20an%20Effective%20Flight%20Review%20Dec05.pdf>
- Pilot Cafe IPC Review Guide (This is a really great summary, but always be sure to double check answers on third party guides just in case!)

- <https://flighttrainingcenters.com/wp-content/uploads/2022/05/IFRQuickReviewSheets.pdf>
- *Search FAA Safety.gov for “ALC-38 Instrument Proficiency Check Review Guide”*
 - (Can’t link to it directly)
- AOPA Personal Minimums
 - <https://www.aopa.org/training-and-safety/online-learning/safety-spotlights/do-the-right-thing/personal-minimums>
- Flight Review with CFI Leah Froehlich (A lighthearted look from AOPA Video)
 - <https://www.youtube.com/watch?v=brlIG6OU3Tw>